

When life gets too challenging, *we can help*

The Blomquist Hale Employee Assistance Program provides direct, **face-to-face guidance** to address virtually any stressful life situation or problem. And there's **no cost** to you.

As part of your employee benefits, we can help with:

- Marital & family counseling
- Stress, anxiety or depression
- Personal & emotional challenges
- Grief or loss
- Financial or legal problems
- Substance abuse or other addictions
- Senior care planning

Count on:

- 24/7 crisis service
- No set limit on the number of sessions
- 100% confidential
- Professional, friendly team
- Convenient locations
- Extended hours
- No co-pay required!

The Blomquist Hale Employee Assistance Program uses brief, solution-focused therapy. And meeting with our team is simple. Just call to set up an appointment.

Start feeling better now!
(800) 926-9619

A benefit for employees & dependents of



blomquisthale.com